



Norfolk House Forest School



Norfolk House
Nursery



Summer 2022

Meet The Take a Leaf Team

The Forest Schools initiative has gained nationwide recognition as a highly effective way of introducing children to the great outdoors, while at the same time enabling them to develop a wide range of transferable skills. Whatever the weather, our children will be found making dens and shelters, lighting campfires, learning about the natural environment and how to cherish it, practising basic survival skills and bush craft and benefiting from lots of fresh air.

We believe that the Forest Schools programme provides an excellent vehicle for learning and development. Children have a great affinity with the natural world. It arouses their curiosity and inspires wonder. It is a superb environment in which to assimilate knowledge and develop all manner of skills such as teamwork, good communication, problem solving, self-confidence, risk awareness and a positive mental attitude.



My name is Susie Pitt

I share the nursery's passion about outdoor learning and enjoy running Take a Leaf Forest School. I am a qualified early years primary school teacher with over 14 years' experience, a private tutor specialising in Dyslexia and a Forest Schools teacher. I strongly believe that children need to get outdoors, explore the world around them and learn through play and adventure.



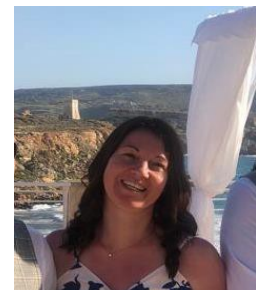
My name is Aimee

I'm married and have 2 children, Tilly aged 8 and Reuben aged 4. I have been working in Forest School for 3 years and have a passion for the outdoors and a firm believer in the benefits of outdoor learning. My favourite Forest School activities are fire lighting and den building and seeing children develop their Forest school skills throughout each session.



My name is Lynne

I have worked in early years for 20 years and a mummy of two beautiful children of my own. I have completed my BA honours in Early Childhood Studies. Forest School is my passion, I really enjoy seeing how the children engage and develop their outdoor skills and interests.



How can you help support your child's Forest School?



Even in super hot weather please always send your child in with **thin, long sleeve tops** and **thin, long trousers**. This protects your child from sunburn, scratches, grazes, insect bites, ticks and stings.

All clothes and shoes will get muddy, painty and scuffed so it is advised to send in separate forest school clothes.

Your child will need a sun hat and sun screen every session throughout summer.

Children will need wellies and in very hot weather sturdy (old) shoes that you don't mind getting messy.

You can help by donating natural resources such as:

Pinecones for forest school crafts and land art, so if you are out on walk and you see some please gather them for us.

We are also always looking for **log rounds** for the children to stack into towers.

If you are ever having any trees cut down please save us the **Tree stumps** and y sticks. Y sticks are branches that can be cut into a y shape to make dens. The children interlock three together to make their dens. They can be any size up to about six foot.

To find out more about Forest School
<https://forestschoollassociation.org/what-is-forest-school/>



Visit 'Take A Leaf' on Facebook to see what activities your child has been up to!
[@take.a.leaf.forest.school.and.tutoring](https://www.facebook.com/take.a.leaf.forest.school.and.tutoring)